

The 3 Phases of Lyme

Dr. Conners CLEAR-LYME Protocols



Dr. Kevin Conners

Section 4

The 3 Phases of Lyme disease

Dr. Conners CLEAR-LYME Protocols

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Dr. Conners Clear-Lyme Protocols



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Dr. Conners CLEAR-LYME Protocols

Note: All Dr. Conners protocols are only available for purchase to our patients. See below link for more information:

<https://www.connersclinic.com/begin-here/>

Protocols for treating Phase 1 and 2 Lyme (NOT to be used if you are in Phase 3):

Dr. Conners CLEAR-LYME Protocol #1 – for those needing an optimal cleanse and healing

This is now a prescription program that either Dr. Conners or one of our Nutritionists will recommend, which may include one or more of:

1. 14 Day Cleanse

- **Clear-Lyme Cleanse - is a comprehensive, science-based nutritional program designed to support safe and effective detoxification. This is accomplished by providing the nutrients needed to support and balance phase I and II metabolic pathways and to promote healthy liver function and elimination.**

Everything is consolidated into packets to make the program easy to follow and to ensure that individuals on the program do not miss any necessary nutrients. *Each 14 day kit provides:*

- 28 - single serving Clear-Lyme Cleanse functional food powder drink mix packets
- 28 - capsule packets containing:
 - 3- Clear-Lyme -D-Tox™ capsules
 - 1- Clear-Lyme Enzyme capsule
- Program Guidebook - detailed patient guide which includes a supplement schedule, sample menus, and suggested food and snack options
- Shaker Bottle

2. A Fasting Mimicking Diet:

- The FMD is a 5-day dietary program that nourishes your body while promoting regenerative and rejuvenating changes, including supporting healthy levels of a wide range of physiological markers that contribute to aging, such as cholesterol, inflammation, and fasting glucose.
- The ProLon Fasting Mimicking Diet® mitigates the burden and danger of water-only fasting, fasting, by providing a tasty and convenient, safe dietary program that does not require ongoing lifestyle changes, such as long-term dieting.
- ProLon® meals come in 5 small boxes (one for each day) that include plant-based energy bars, soups, a variety of snacks, drinks, and supplements, all studied and carefully designed to nourish your body and support healthy levels in metabolic markers, cellular rejuvenation, and healthy aging.

- ProLon ingredients are plant-based and do not contain additives, preservatives* or chemicals. The daily caloric intake with ProLon is between 770 and 1100 calories from healthy ingredients that maximize nourishment and provide a pleasant eating experience.
- See more on the FMD Here:
<https://www.connersclinic.com/fasting-mimicking-diet/>

Dr. Conners CLEAR-LYME Protocol #2 – This is for those who have completed Protocol # 1 or just desire to start slower. This does not contain a cleanse.

This is also now a prescription program that either Dr. Conners or one of our Nutritionists will recommend, which may include one or more of:

- Clear-Lyme-Mod-A - This has been formulated to help balance a healthy inflammatory response, which is necessary in order to help maintain optimal immune function in the body. It features ParActin®, an extract of the herb *Andrographis paniculata*, which has been shown to modulate immune, inflammatory and oxidative pathways. This product also contains the monosaccharide n-acetyl glucosamine along with Curcumin, a polyphenolic compound extract from the spice turmeric. Both of these compounds help to support a healthy inflammatory response.
- Clear-Lyme ImmunoPlus - This is an herbal formula that is designed to support healthy immune system function during cold and flu season. It contains herbs that support normal natural killer (NK) cell activity and the balance of cytokines,

which are the regulatory proteins released by immune cells as part of a normal immune system response. The standardized herbs in this formula contain optimal and consistent amounts of the most active ingredients. Clear-Lyme ImmunoPlus is suitable for long term use and for all age groups.

- **Clear-Lyme Adrenal** is a combination of standardized herbs and nutrients, which are known for rejuvenating the adrenals. This product is designed to promote healthy cortisol levels, hypothalamic and pituitary function (HPTA axis), and catecholamine production (dopamine, norepinephrine, and epinephrine).
- **Clear B** - This very powerful B vitamin combination formula supplies most of the B vitamins in their coenzymated forms, so the body does not have to phosphorylate them in order to be used in biochemical reactions. This formula also includes our proprietary NatureFolate™ blend of active isomer naturally occurring folates. TMG and choline are included to support methylation.
- **Clear Mins** - This is ideal for use when mineral replenishment is desired. This product is iron-free and utilizes the finest chelated minerals from Albion Advanced Nutrition for optimal absorption.
- **Curcu-Clear** -A patent pending, highly bioavailable curcuminoid formulation. It contains a unique combination of three bioactive, health-promoting curcuminoids: curcumin, bisdemethoxy curcumin and demethoxy curcumin, along with turmeric oil. The three curcuminoids are the strongest, most protective and best researched constituents of the turmeric root. Curcu-Clear is

manufactured utilizing the Designs for Health Evail™ process, which helps to optimize the absorption rate of the curcuminoids while reducing their absorption time. This proprietary process uses all-natural ingredients, including vitamin E, medium chain triglycerides (MCT) and lecithin without the use of potentially harmful surfactants.

Note: You will NEED to speak with a practitioner to purchase any of the above products.

Protocols for treating Phase 3 Lyme (Phase 1 and 2 Lyme can ALSO use these):

Dr. Conners CLEAR-LYME Protocol #3 – This

is for those who have Phase 3 Lyme and can tolerate a bit more aggressive approach. Most Phase 3 patients do well with Protocol 3 but those super-sensitive types should start with Protocol #4.

Kit includes one bottle of each (30-90 day supply depending on dosage):

- **ACS 200 - The leading silver-based supplement in multiple independent comparison studies, ACS 200 Extra Strength achieves 99.9999% (complete) kill against Borrelia burgdorferi, Powassan virus, Rhinovirus, Legionella pneumophila, Pseudomonas aeruginosa, Salmonella bongori, Candida albicans & MRSA in less than 3 minutes as proven via independently derived in vitro, benchmark kill-time studies. ACS 200 Extra Strength is the only antimicrobial proven to kill Borrelia Bergdorferi, the Lymes Disease associated pathogen. When choosing an immune system support formula, efficacy and safety are the only two factors that truly**

matter. Without harming the gut flora ACS 200 Extra Strength provides fast and significant relief.

- **ACZ Nano - A powerful oral chelating agent, ACZ nano Extra Strength selectively and irreversibly binds and removes toxic heavy metals, such as Mercury and Lead, chemical toxins, VOC's, radioactive toxins and free radicals of all types through the urinary tract, without removing vital nutrients. These results have been verified in multiple, independent urine challenge studies. ACZ nano Extra Strength is the only detoxification product formulated to remove fluorine and chlorine, two of the strongest oxidizing agents known and found in most drinking water.**
- **ACG Glutathione - As the most important intracellular antioxidant, GSH regulates all other antioxidants while preventing damage to important cellular components caused by reactive oxygen species, such as free radicals and peroxides. A major advancement in Glutathione supplementation, ACG Glutathione Extra Strength is an intra-oral spray GSH that tastes great and has been proven by independent clinical research to effectively increase intracellular levels of GSH by over 10% in only 7 hours.**
- **Dr. Conners Personal Homeopathic Lyme Formula 1**

Dr. Conners CLEAR-LYME Protocol #4 – This is for those who have Phase 3 Lyme who are more sensitive and seem to react harshly to most things.

Kit includes one bottle of each (60-120 day supply depending on dosage):

- Dr. Conners Personal Homeopathic Lyme Formula 1
- Dr. Conners Personal Homeopathic Lyme Formula 2
- Dr. Conners Personal Homeopathic Lyme Formula 3
- Methyl Homeopathic Liquescence Formula to support detoxification and metabolic pathways



Other things we may use for our patients:

1. Genetic Testing –

Each person has a set of genes - about 20,000 in all. The differences between people come from slight variations in these genes. For example, a person with red hair doesn't have the "red hair gene" while a person with brown hair has the "brown hair gene." Instead, all people have genes for hair color, and different versions of these genes dictate whether someone will be a redhead or a brunette.

Your body contains 50 trillion cells, and almost every one of them contains the complete set of instructions for making you. These instructions are encoded in your DNA.

To make new cells, an existing cell divides in two. But first it copies its DNA so the new cells will each have a complete set of genetic instructions. For a multitude of reasons, cells sometimes make mistakes during the copying process - kind of like typos. These typos lead to variations in the DNA sequence at particular locations, called single nucleotide polymorphisms, or SNPs (pronounced "snips").

SNPs can generate biological variation between people by causing differences in the recipes for proteins that are written in genes. Those differences can in turn influence a variety of traits such as appearance, disease susceptibility, response to drugs, ability to detoxify quickly or slowly, ability to heal, kill pathogens, and even increase your risk of cancer.

Looking at genetic SNP tests help us shape your specific treatment protocol to best aide your ability to recover from disease. While we "never treat the SNP", we may utilize the information to better treat YOU.

Genetic testing for those with Lyme is VERY IMPORTANT. It can tell us an enormous amount of data that can help us better manage their case. Honestly, I recommend genetic testing for EVERY patient I consult.

Lyme patients in particular need to know if they have SNP defects in their cytochrome P450, SOD, and Glutathione pathways. For example, SOD SNPs leave excess superoxide ions in tissues that bind to a chemical called cytokine-inducible nitric oxide that is in abundance in chronic Lyme patients. This forms a highly reactive and dangerous compound called peroxynitrate that can actually be the CAUSE of many of the symptoms Phase 2 and 3 Lyme patients suffer from!

See the videos on the below linked page:

<https://www.connersclinic.com/genetic-reviews/>

2. Rife Technology (Energy Medicine) –

All cells are capable of receiving a countless number of frequencies that are stored within the cytoplasm of each cell, which itself, consists of H₂O. Hydrogen and Oxygen hold the electromagnetic charges, and the cellular memory is then processed within the DNA of each cell. Vital life energy (Bio-energy) fills every cell within the human body, which controls all metabolic processes, including biochemical changes that occur within the cells. It controls the utilization of nutritional

substances, and the functioning of all body systems including the immune system.

We predicate that during periods of stress, be it physical or mental stress, this increases the cell's state of vulnerability to discordant frequencies (stressors). For example, electromagnetic fields such as mobile phones, microwaves, computers, household wiring etc., can enter cells through the Integral membrane proteins in the cell membrane and store in the cytoplasm, altering the cell's homeostasis. Cells are most vulnerable during periods of stress: the greater the stress, the greater the incidence of acquiring homeostatic imbalance. By recognizing discordant frequencies within cells, the body is more capable of achieving homeostasis. Every disease state and pathogen has its associated harmonic and disharmonic frequencies. Generally speaking, harmonic frequencies maintain health (homeostasis); promote growth and healing, while disharmonic frequencies produce illness and death (homeostatic imbalance).

Everything is ENERGY

“The cell is a machine driven by energy. It can thus be approached by studying matter, or by studying energy. In every culture and in every medical tradition before ours, healing was accomplished by moving energy.”

----Albert Szent-Gyorgyi, Nobel Laureate in Medicine



We ONLY suggest using the TrueRife brand of Rife equipment. Most of our Cancer and Chronic Lyme patients go home with this machine that we personally program for the patient.
www.ConnersClinic.com

New research introduces a radical understanding of cell science. New biology concepts reveal that human beings control their genome rather than being controlled by it. It is now recognized that environmental frequencies and more specifically, our perception or interpretation of the environment, directly controls the activity of our genes. This new paradigm of “bio-electrical interaction” has given us a better understanding of how the human body uses energy to heal itself and regulate its activities. It has also enabled science to reevaluate previously discarded medical therapies and to explore new ones based on this interaction.

During the 1990s, three Nobel Prize winners in medicine in the field of advanced medical research revealed that the primary function of DNA lies not in protein synthesis, as widely believed, but in electromagnetic energy reception and transmission. Less than three percent of DNA’s function is in protein formulation; more than ninety percent of the DNA functions in the realm of bioelectric signaling. One might say that electromagnetism is fundamentally responsible for all life, and everything in the physical universe. It is also in the spiritual force or energy that gives rise to all matter.

From: Bioelectromagnetic Healing, its History and a Rationale for its Use

*Thomas F. Valone, Integrity Research Institute, 1220 L Street NW, Suite 100-232 Washington DC 20005, www.IntegrityResearchInstitute.org
Proceedings of the Whole Person Healing Conference, Bethesda, MD, 2003*

3. Other Therapies and Technology –

We utilize multiple other therapies available to local patients including:

- Hyperthermia – FIR hyperthermia is Japanese technology utilized also in the Mexican and German cancer clinics
- Neurofeedback – NFB can help balance brain activity and reduce inflammation, bring clarity, balance neurotransmitters, reduce brain fog, improve memory, and improve overall function
- Pulsed Electromagnetic Frequency – PEMF is a tool to bring back cell voltage and improve cell membrane health
- Specific, personalized testing that goes far beyond this book

To learn more about Rife technology and other therapies we utilize, visit www.ConnersClinic.com

Remarks

Regardless of what you choose about healthcare, I pray that you make wise, rational decisions based on facts (though often hidden) and not fear. You need to take responsibility and not hand it over to any practitioner, conventional or alternative. Get advice from many, weigh it all against their biases, and pray for peace about your decisions.

Kevin Conners, Pastoral Medical Association, Fellowship in Integrative Cancer Therapy and Fellowship in Anti-Aging, Regenerative and Functional Medicine, both through the American Academy of Anti-Aging Medicine.

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